

## Learning the importance of friendships

Encourage children to learn to interact and play cooperatively, develop and understand feelings and emotion, and build respect and tolerance with this week's friendships activity.

### Learning aims

- Music and Movement – publication
- Outdoor Play - publication
- Physical Development top tips - factsheet
- Movement and physical development - factsheet.

### Resources

- [The Rainbow Fish book](#)
- [The Rainbow Fish - YouTube](#)
- [The Rainbow Fish - interactive online story](#)
- Colourful and shiny materials,
- Paper
- Glue
- Pencils
- Crayons
- Paints



## Activity Outline

- Read / watch / listen to the Rainbow Fish with the children
- Discuss the emotions portrayed in the story
- Use open ended questions to help children think about feelings e.g why do they think Rainbow Fish was sad?
- Talk about the importance of friendships and what it means to be a good friend, using words such as 'kind' and 'helpful'
- Discuss the importance of sharing
- Ask the children to recall events during the story
- Make a display relating to the story; pose open ended questions to encourage the children to think about emotions and feelings
- Ask the children to think about someone who is special to them and encourage them to draw a picture or describe why they are special
- Talk about emotions e.g, how do they feel when they play with their friends?
- Record the children's words and display them alongside their pictures
- Support creative skills by having a range of materials for the children to make a Rainbow Fish to display.

## Working with Babies:

- Share photographs of family and other special people. Talk about who is in the photograph, making good eye contact and using facial expressions, such as smiling
- Tune in sensitively babbles and vocalisations in response to the special people they see.