

Make a light box

Use a light box to encourage your children to explore light and dark.

Use a light box to encourage your children to explore light and dark. Allowing your nursery children to use natural materials when using your light box will support natural investigation and discovery too.

To create your own light box:

Use a plastic tub with a lid and line the tub with white paper

Add some fairy lights

Put the lid back on

Cut a small hole in the tub to feed the lights through; this will ensure the lid stays firmly in place

Switch on the lights

Offer children a range of natural materials to explore e.g. leaves, cones, bark, shells, pebbles, fir cones, flowers

Encourage children to take photos to record the different effects of the light on the resources.

