

Supporting children and parents to stay safe outdoors

With the autumn nights closing in and the days getting darker earlier, explore how you can support children and parents to stay safe outdoors.

Here are some top tips to pass to parents:

- Ensure children can be seen by wearing bright colours or high visibility vests, clothing or bands
- Ensure pushchairs are visible – add reflective strips to pushchairs
- Always find a safe, clear spot to cross the road
- Practice good habits by ensuring you wait for a green man at a pelican crossing
- Hold hands with children when crossing the road
- Wear footwear that has a rubber grip for icy or damp weather.



How you can help at nursery:

- Teach children road safety rules, e.g. stop, look and listen before you cross the road, and use this method every time they cross a road (even the small quiet roads)
- Provide a box of spare wellies that parents can borrow in bad weather
- Incorporate road safety into your everyday practice and before and during any outings.